Unexpected Ways Supplemental Health Insurance Can Help

$30,000	$5,588	$1,644	33%
Avg. cost of a 3-day hospital stay	Avg. annual cost for employer-sponsored health plan	Avg. deductible paid for care	Adults with unexpected medical bills in past 2 years

Supplemental health insurance benefits can be used to help offset costs related to an illness or injury that your primary health insurance doesn't cover. Here are some examples:

CHILD CARE

Pay someone to take care of your children while you are ill or in the hospital.

PET CARE

Keep your pets active even if your injury or illness makes it impossible to take them for walks.

MEALS

If you are unable to cook, you could use part of your benefit to have food delivered to your home.

HOME MAINTENANCE

Make sure the lawn gets mowed or the snow gets shoveled when you can't do it yourself.

TRANSPORTATION

Pay for gasoline or even airfare and parking if you need to travel to see a specialist.

DEDUCTIBLES

Help pay for deductibles not covered by your primary health insurance plan.

Know that not all policies allow benefits to cover all costs.
Be sure to read your policy carefully so you can be confident its coverage aligns with your needs.